

Ellen Wilkins Counseling and Therapy  
Ellen Wilkins, LMFT, PT  
2817 West End Avenue, Suite 205  
Nashville, TN 37203  
615-308-8680

## Non-secure Communication Policy

### Email Confidentiality Agreement

It is my normal practice to email my clients at times to touch base or discuss appointment times. When communicating via email, it is important to remember that confidentiality is limited. By signing below you are saying that you have considered and understand the limitations of confidentiality and agree that you are responsible for keeping your email account private to the extent that you desire for it to be private.

### Text Messaging Confidentiality Agreement

At times, I text messages to my clients to inform them of upcoming appointment, to change appointment times, or to reschedule appointments. By signing below you are saying that you have considered and understand the limitations of confidentiality and agree that you are responsible for keeping your text messages private to the extent that you desire for them to be private.

I, \_\_\_\_\_, allow Ellen Wilkins to email and/or text me regarding logistical manners (e.g., appointment times, dates).

\_\_\_\_\_ Phone number

\_\_\_\_\_ Email

\_\_\_\_\_ Signature Date